

# SAFER

Security, **A**ction, **F**reedom, **E**ducation, **R**elationships

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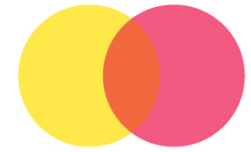


**A PLACE FOR ALL** Monday, April 29, 2013



# Social Action Project:

## The NOISE-y Kind Kitchen



- A Kind Kitchen is an event where all participants bring an ingredient and people use what's brought to cook a big meal for everyone attending.
- Our event turned into a group cooking party and a free community meal at Driftwood Community Centre.

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# What issue(s) from the Toronto Vital Signs did your project address?

- Health and Wellness
- Leadership, Civic Engagement and Belonging

## NOISY KIND KITCHEN

FREE - April 17TH 2013 @ 5:30 - 7:00 PM

Bring an ingredient with you and help us with our Kind Kitchen



COME EAT AND  
COOK FOOD,  
PLAY GAMES,  
MEET NEW  
PEOPLE & HELP  
RAISE  
AWARENESS FOR  
A SAFER  
COMMUNITY !



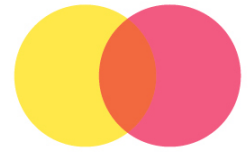
### KIND KITCHEN PROGRAM :

BRING A FOOD ITEM FROM  
YOUR FRIDGE TO MAKE THE  
COOKING TO BE POSSIBLE,  
WORK TOGETHER AND  
EARN SOME  
VOLUNTEERING HOURS  
AND EXPERIENCE. WORK TO



A PLACE FOR ALL ↑

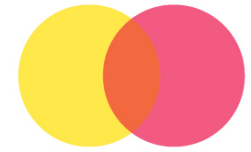
# Why is your project important and what did you accomplish?



We learnt how to:

- cook and provide healthy food
- develop our skills as a group and work together under pressure
- we made homemade pizza, pasta, soup, salad, and cookies and we fed over 50 people!

# What did your pod learn about social justice and change?



- It takes a lot of planning to hold one event.
- It involves taking risks, trying things for the first time, putting up with uncertainty.
- You have to work together! Everyone's contribution is needed.
- It involves making connection with community members and organizations, building on and supporting what's already on.
- It's fun! It takes a lot of commitment.
- It usually doesn't work out the way you expect (but that's okay).



# Thank You!

